



Yorkshire & Humber Atrial Fibrillation Stroke Prevention Programme

THE PROBLEM

- In excess of 20,000 patients with AF across Yorkshire & Humber are at risk of stroke and are not being protected by an anticoagulant.
- There are over 300 strokes a year that could be prevented by anticoagulation.
- These strokes will cost the NHS in Y&H in excess of £3.5 million a year.

OUR APPROACH

Tackle the problem differently finding practice driven solutions.

- Starting with the familiar – PRIMIS GRASP-AF (or local equivalent)
- And introducing new approaches:
 1. Evidence based psychological approaches to clinical behaviour change
 2. Proven Institute of Health Improvement method of quality improvement

BESPOKE DELIVERY

Engagement can be customised to the local needs, offering

- Training for coaches in PRIMIS audit tools, the Achieving Behaviour Change Toolkit and Quality Improvement methods.
- Working with CCGs, federations, or individual practices.

OUR TOOLKIT:



WHAT IS EXPECTED?

- To create your own coaches you will need to release one person for every 10 practices involved for a dedicated amount of time.
- We will support coaches to work with GP practices to apply the PRIMIS tools, behaviour change interventions and plan-do-study-act cycles for improvement.
- We will work together to measure and monitor improvement.

FIRST WAVE SITES

Leeds South
& East GP Group

West Wakefield
Wellbeing ltd

Vale of York CCG

Springbank
Healthcentre
– Green Hammerton



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